

Would you like to be pampered in the comfort of your own room?

Our therapists offer several treatments to help you relax and indulge whilst on holiday.



Romantic Couples Massages

Most massages can be booked for two at the same time

Treatments & Massages

Price per person

Stretching & Pain Relief Session (50 mins)	€40
Head Massage (30 mins)	€55
Neck and Shoulder Massage (30 mins)	€55
Face Fitness Massage (30 mins)	€60
Reflexology Face Massage (30 mins)	€60
Lymphatic Leg Massage (30 mins)	€60
Back Massage (30 mins)	€65
Aromatherapy Body Massage (50 mins)	€75
Full Body Massage (60 mins)	€75
Sport / Deep Tissue Massage (60 mins)	€90
Holistic Restorative & Positive Affirmation Massage (60 mins)	€90

Pilates – 1 Hour session

One to one session	€35
One to one sessions x 5 Package	€125
Small Group (Max 5 persons)	€15
Group (6-12 persons)	€12

Yoga – 50 minute session

One to one session	€35
One to one sessions x 5 Package	€125
Small Group (Max 5 persons)	€15
Group (6-12 persons)	€12

Etiquette

What to bring along

For any treatment, just bring yourself.

Cancellation

Kindly give a 24hour notice if cancelling an appointment. No show charges apply.

Health Conditions

Kindly advice beauty therapist of any health conditions, allergies or injuries which could affect your choice of treatment when making an appointment.

Book in advance to avoid disappointment!

